

Understanding Your Prescription Instructions

Your provider will typically give instructions based on liquid volume, not milligrams.

Your instructions may look like this:

Inject 50 units (0.5 mL) once weekly.

This tells you how much liquid to inject.

Example prescription:

Inject 50 units weekly

This means you should draw your syringe to the 50 unit mark.

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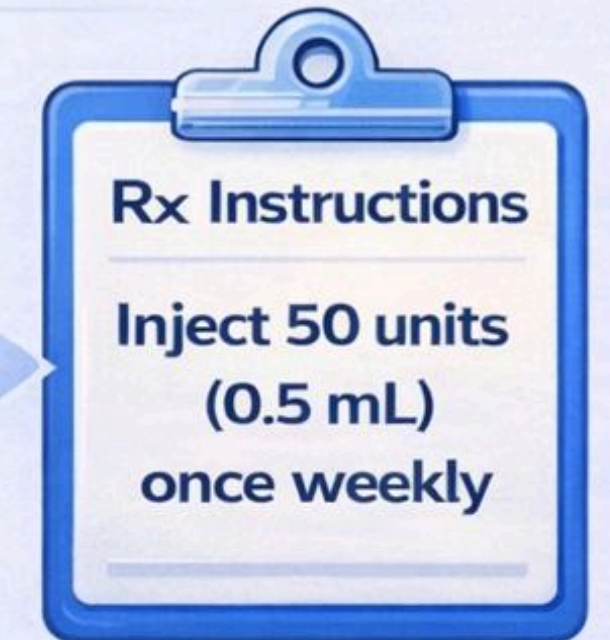
How to Follow Your Injection Instructions


Example Prescription

For example, your provider may instruct:

**Inject 50 units (0.5 mL)
once weekly**

This instruction tells you **how much liquid to inject**, not the medication weight.



 **50 units = 0.5 mL of liquid**

On an insulin syringe, 100 units equals 1 mL, so **50 units** equals half a milliliter (0.5 mL).

Steps:

- 1** Insert the needle into the vial.
- 2** Pull the syringe back to the **50 unit mark**.
- 3** Inject once weekly as prescribed.

