

CoreAge Rx

EMPOWERING YOUR HEALTH. ENHANCING YOUR LIFE.



This guide will help you understand your vial label, syringe units, and how to correctly measure your prescribed dose.



support@coreagerx.com



(334) 651-7613



www.coreagerx.com





Understanding Your Medication Instructions



• This guide explains four important things: •

1



What Your Vial Label Means

Learn what the information on your vial label tells you.

2



How Your Prescription Dose Works

Understand how your dose is calculated and used.

3



How to Measure the Correct Amount

Step-by-step guidance for accurate and safe dosing.

4



Know When to Contact Your Doctor

Recognize situations when you should reach out to your medical provider.



Your health and safety come first.

When in doubt, always contact your medical provider.



For informational purposes only

This content does not constitute medical advice, diagnosis, or treatment.



Always consult with a qualified healthcare provider regarding any medical questions or conditions.

Understanding Your Vial Label

Read your pharmacy label with confidence and know exactly what's in your medication.



What is on your vial label?

Your pharmacy label shows the concentration of your medication.



Example label:

Sermorelin 3 mg / mL (5 mL Vial)



This means:

- Every 1 mL of liquid contains **3 mg of sermorelin**
- The vial contains medication dissolved in liquid.
- For subcutaneous use.



Example:

If your vial contains: 3 mg of sermorelin per 1 mL

	VOLUME		MEDICATION (SERMORELIN)
	1 mL	→	3 mg
	0.5 mL	→	1.5 mg
	0.25 mL	→	0.75 mg



Key Takeaway

Use the concentration on your label and the chart above to know how much medication is in each dose.

WHAT IS ON YOUR VIAL?



Your vial label contains important information about how much medication is inside.



For example, your vial of Sermorelin might say:

“Sermorelin 3 mg / mL”

THIS MEANS:



3 mg of Sermorelin (the active medication) is contained in **1 mL** of solution.



The vial contains medication dissolved in liquid.



For subcutaneous use only.



IMPORTANT REMINDER

Always check your vial label before each use and follow your provider's instructions.



PHARMACY INSTRUCTIONS & VIAL CONCENTRATION



YOUR MEDICATION CONCENTRATION

- The vial contains **3 mg** of Sermorelin per every **1 mL** of solution.
- This means each milliliter of solution has **3 mg** of Sermorelin.

THE CONCENTRATION LABEL



=

in every
1 mL
of solution



KNOW WHEN TO CONTACT YOUR DOCTOR

Recognize situations when you should reach out to your medical provider.

SERMORELIN INJECTION GUIDE

Understanding Your Prescription



WHAT ARE UNITS?

Units measure the volume of liquid in your syringe. They tell you how much to draw, not how strong the medication is.



YOUR DOCTOR PRESCRIBED:

Inject 20 units under the skin
once nightly Monday through Friday.

This means you will inject 20 units (0.20 mL) each night, Monday through Friday.



SERMORELIN MEDICATION DETAILS

- **Medication:** WMD Sermorelin 3 mg/mL
- **Quantity:** 1 Each (Vial)
- **Days Supply:** 30
- **Refills:** 11
- **DoseSpot ID:** 285525912
- **Directions:** Inject 20 units under the skin once nightly Monday through Friday.



IMPORTANT REMINDER

Units measure how much liquid you are injecting—not the medication strength. Always follow your provider's instructions exactly.



STORAGE: Store refrigerated. Do not freeze. Protect from light. Keep out of reach of children.



YOUR PRESCRIPTION AT A GLANCE

▼ Doctor Prescribed (1)

[Generate Medical Necessity](#)[View in MDI](#)[Print / Save PDF](#)

WMD Sermorelin 3mg/mL

Qty: 1 Each

Days Supply: 30

Refills: 11

DoseSpot ID: 285525912

Directions: Inject 20 units under the skin once nightly Monday through Friday.



HOW TO DRAW & INJECT YOUR DOSE

1

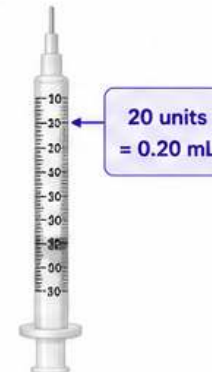
PREPARE

Wash your hands.
Clean the vial
stopper with an
alcohol wipe.

**2**

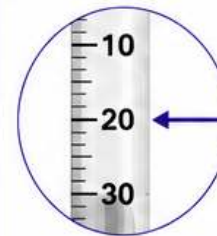
DRAW

Pull the plunger
back and draw up
20 units (0.20 mL).

**3**

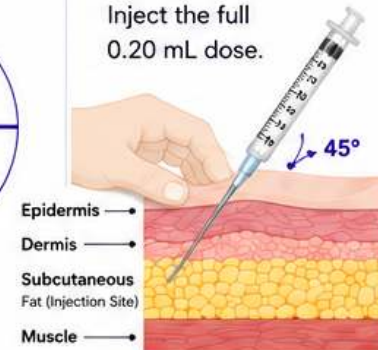
CHECK

Make sure the
plunger is at the
20 unit mark.

**4**

INJECT

Pinch a fold of skin.
Insert the needle
at a 45° angle into
the fatty layer
(subcutaneous).
Inject the full
0.20 mL dose.

**5**

FREQUENCY

Inject once nightly,
Monday through
Friday.



TIP: Always use the unit (U) markings on your syringe, not milliliters (mL).
Units (U) = volume (mL), not strength (mg).



FOLLOW YOUR PLAN.

Stay consistent. Get results.

When to Contact Your Doctor

Your safety is our priority. Contact your doctor right away if you experience any of the following symptoms while using GLP-1 medications (Semaglutide or Tirzepatide).



Seek immediate medical attention if you experience:



Severe abdominal pain that does not go away



Nausea or vomiting that is severe or won't stop



Signs of dehydration (dizziness, dark urine, rapid heartbeat)



Chest pain, shortness of breath, or rapid heartbeat



Vision changes or sudden vision loss



Severe or persistent headache



Contact your doctor soon if you have:

- Ongoing nausea or stomach discomfort
- Constipation lasting more than 3 days
- Diarrhea lasting more than 2 days
- Loss of appetite that prevents you from eating or drinking
- Injection site redness, swelling, or irritation that worsens
- Signs of low blood sugar (shakiness, sweating, confusion)
- Any other symptoms that concern you or do not improve



Important Reminder

Always talk to your doctor before making changes to your treatment. If you're experiencing side effects or thinking about stopping your medication, your healthcare provider can help guide you safely.



This information does not replace professional medical advice. Always follow your doctor's guidance and treatment plan.